

INFLUENTIAL WOMEN OF UPSTATE NY

Dr. Ashley Amalfi believes that confidence is transformative—and as a Board-Certified Plastic Surgeon, she’s made it her mission to help women unlock it.

“Every woman I meet is a masterpiece in her own right,” she says. “My job is to bring out their inner confidence and help them feel like their best selves.”

With a focus on breast and body contouring procedures, Dr. Amalfi blends her artistic eye with surgical precision. “Plastic surgery isn’t just about aesthetics—it’s about transformation,” she says. “Women come to me at pivotal moments in their lives. It’s an honor to guide them through that journey.”

She’s known across the world for her ability to tackle the most complex breast revision surgeries (without sacrificing natural-looking results), but she says it’s who she is behind the scrubs that truly sets her apart.

“I’m a wife, mother, and friend, and when my patients see me juggling school drop-offs, career milestones, and even the chaos of dinner

prep, they feel a connection and realize we share similar lived experiences,” she says. This connection goes a long way, she says, towards fostering trust and allowing her patients to feel both seen and

heard before they ever step into her clinic.

“Surgery isn’t about perfection—it’s about empowerment,” she says. “It’s true that confidence changes everything, but helping women unlock that confidence? That’s the real art.”



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Instagram @drashleyamalfi @quatelacenter_plasticsurgery



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